



Monday

Tuesday

Wednesday

Thursday

Friday

DAILY SANDWICH BAR

Bagel w/
Cream Cheese or Butter
Soy Nut Butter and/or Jelly
on Whole Wheat Bread
Turkey on Whole Wheat Bread
Cheese on Whole Wheat Bread
Yogurt

ROTATING DAILY

Apple • Oranges
Watermelon • Pineapple
Banana • Celery • Carrots
Cucumbers • Corn • Pudding
Apple Sauce • Cookies
100% Fruit Juice Served Daily

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|--|---|--|--|---|
| 1 BAKED CHICKEN Nuggets | 2 Grilled Cheese | 3 <i>All American</i> SLIDERS | 4 No Camp Today | 5  PIZZA |
| 8 Breakfast for Lunch French Toast Sticks Turkey Sausage | 9 SPOOKY Mac & Cheese  | 10 BBQ  | 11  GRILLED CHICKEN SANDWICH | 12 STUFFED PIZZA |
| 15 JAZZY CHEESE QUESADILLAS | 16 Hi-Pop Baked Ziti | 17 Billboard BBQ | 18 ROCKIN' BAKED CHICKEN Nuggets  | 19 MOTOWN PIZZA Bagels |
| 22 CHICKEN PARM HERO  | 23 Egg Sandwich with Turkey Sausage Patty | 24 BBQ  | 25 Grilled Cheese | 26  PIZZA |

SALAD BAR ROTATIONS

Romaine/Iceberg Mix • Shredded Carrots • Croutons • Tomatoes
Pickles • Green Peppers • Cucumbers • Hard Boiled Eggs
Black Beans • Chick Peas • Baby Corn • Tuna Salad • Cole Slaw
Pasta Salad • Chicken Salad • Egg Salad • Potato Salad • Raisins



jeff lake camp



JULY & AUGUST 2013



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| | | | | |
|---|--|--|---|---|
| July 29 Breakfast for Lunch French Toast Sticks Turkey Sausage | 30 BAKED CHICKEN Nuggets | 31 BBQ  | August 1 Grilled Cheese | 2  PIZZA |
| 5  MEATBALL SUPERHERO | 6 Mac & Cheese  | 7 BBQ | 8  BAKED CHICKEN Sliders | 9 INSIDE OUT PIZZA |
| 12 Manicotti  | 13 Grilled Cheese | 14 WESTERN BBQ  | 15 Breakfast for Lunch French Toast Sticks Turkey Sausage | 16 PIZZA Bagels |
| 19 Cheese Quesadillas | 20 LUAU! TERIYAKI CHICKEN | 21 BBQ | 22 BAKED CHICKEN Nuggets | 23  PIZZA |

SALAD BAR ROTATIONS

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 Pasta Salad • Chicken Salad • Egg Salad • Potato Salad • Raisins

