

jeff lake camp



JUNE & JULY 2022

Monday

Tuesday

Wednesday

Thursday

Friday

DAILY SANDWICHES

Bagel with
Cream Cheese or Butter
Soy Nut Butter and/or Jelly
Turkey on Whole Wheat Bread
Cheese on Whole Wheat Bread
Yogurt

ROTATING DAILY

Apple • Oranges • Watermelon
Pineapple • Banana • Grapes
Celery • Carrots • Cucumbers
Corn • Chips • Pudding
Apple Sauce • Cookies

June 27 	June 28 	June 29 	June 30 	July 1
July 4 	5 	6 	7 	8
11 	12 	13 	14 	15
18 	19 	20 	21 	22

SALAD BAR ROTATIONS

Romaine/Iceberg Mix • Shredded Carrots • Croutons • Tomatoes • Pickles
Green Peppers • Cucumbers • Hard Boiled Eggs • Black Beans • Chickpeas
Baby Corn • Tuna Salad • Cole Slaw • Pasta Salad • Raisins

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JULY & AUGUST 2022

DAILY SANDWICHES

Bagel with
Cream Cheese or Butter
Soy Nut Butter and/or Jelly
Turkey on Whole Wheat Bread
Cheese on Whole Wheat Bread
Yogurt

ROTATING DAILY

Apple • Oranges • Watermelon
Pineapple • Banana • Grapes
Celery • Carrots • Cucumbers
Corn • Chips • Pudding
Apple Sauce • Cookies

Monday

Tuesday

Wednesday

Thursday

Friday

July 25

campus
MAC & CHEESE

July 26

BAKED CHICKEN
Nuggets

27

BBQ

28

SPOOKY
BBQ
CHICKEN

29

PIZZA

August 1

TACO
Quesadillas

2

CHICKEN
Sliders

3

MOVIE
THEATRE
BBQ

4

French Toast
STICKS

5

Tie Dye
PIZZA
Bagels

8

SUPER
HERO
BAKED CHICKEN
Nuggets

9

INSIDE OUT
PIZZA
Sticks

10

BLUE & WHITE
BBQ

11

PIZZA

12

LUAU!
TERIYAKI
CHICKEN

15

SLEEP LATE • PJ DAY
French Toast
STICKS

16

TACO
Quesadillas

17

OUTER SPACE
BBQ

18

CHICKEN
Sliders

19

PIZZA
Bagels

SALAD BAR ROTATIONS

Romaine/Iceberg Mix • Shredded Carrots • Croutons • Tomatoes • Pickles
Green Peppers • Cucumbers • Hard Boiled Eggs • Black Beans • Chickpeas
Baby Corn • Tuna Salad • Cole Slaw • Pasta Salad • Raisins

