

jeff lake camp



JUNE & JULY 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY SANDWICHES

Bagel with
Cream Cheese or Butter
Soy Nut Butter and/or Jelly
Turkey on Whole Wheat Bread
Cheese on Whole Wheat Bread
Yogurt

ROTATING DAILY

Apple • Oranges • Watermelon
Pineapple • Banana • Grapes
Celery • Carrots • Cucumbers
Corn • Chips • Pudding
Apple Sauce • Cookies

JUNE 26 OPENING DAY BAKED CHICKEN Nuggets	JUNE 27 TACO Quesadillas	JUNE 28 BBQ	JUNE 29 MAC & CHEESE	JUNE 30 RAINBOW PIZZA
JULY 3 Patriotic CHICKEN Sliders	JULY 4 NO CAMP TODAY	JULY 5 USA BBQ	JULY 6 French Toast STICKS	JULY 7 Camo PIZZA Bagels
JULY 10 TACO Quesadillas	JULY 11 MAC & CHEESE	JULY 12 Disney BBQ	JULY 13 BAKED CHICKEN Nuggets	JULY 14 NEON PIZZA Pinwheels
JULY 17 French Toast STICKS	JULY 18 western PIZZA Sticks	JULY 19 Stadium BBQ	JULY 20 Rock'n'Roll CHICKEN Sliders	JULY 21 Tie Dye PIZZA

SALAD BAR ROTATIONS

Romaine/Iceberg Mix • Shredded Carrots • Croutons • Tomatoes • Pickles
Green Peppers • Cucumbers • Hard Boiled Eggs • Black Beans • Chickpeas
Baby Corn • Tuna Salad • Cole Slaw • Pasta Salad • Raisins

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JULY & AUGUST 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY SANDWICHES

Bagel with
Cream Cheese or Butter
Soy Nut Butter and/or Jelly
Turkey on Whole Wheat Bread
Cheese on Whole Wheat Bread
Yogurt

ROTATING DAILY

Apple • Oranges • Watermelon
Pineapple • Banana • Grapes
Celery • Carrots • Cucumbers
Corn • Chips • Pudding
Apple Sauce • Cookies

July 24
Campus
TACO
Quesadillas

July 25
BAKED CHICKEN
Nuggets

July 26
BBQ

July 27
SPOOKY
MEATBALL
HERO

July 28
PIZZA
Bagels

July 31
MAC & CHEESE

August 1
CHICKEN
Sliders

August 2
MOVIE
THEATRE
BBQ

August 3
French Toast
STICKS

August 4
Stadium
PIZZA
Pinwheels

August 7
SUPER HERO
BAKED CHICKEN
Nuggets

August 8
PIZZA
Sticks

August 9
BLUE & WHITE
BBQ

August 10
PIZZA

August 11
LUAU!
TERIYAKI
CHICKEN

August 14
French Toast
STICKS

August 15
TACO
Quesadillas

August 16
SCIENCE
Experiment
BBQ

August 17
CHICKEN
Sliders

August 18
PIZZA
BAGELS

SALAD BAR ROTATIONS

Romaine/Iceberg Mix • Shredded Carrots • Croutons • Tomatoes • Pickles
Green Peppers • Cucumbers • Hard Boiled Eggs • Black Beans • Chickpeas
Baby Corn • Tuna Salad • Cole Slaw • Pasta Salad • Raisins

